



NATIONAL GUARD BUREAU

111 SOUTH GEORGE MASON DRIVE
ARLINGTON VA 22204-1382

ARNG-CSG

03 December 2010

MEMORANDUM FOR the Recruiting & Retention Force of all States, Puerto Rico, The Virgin Islands, Guam, and the District of Columbia.

SUBJECT: Procedural update for use of the Department of Defense Medical Examination Review Board (DODMERB) Physicals. This memorandum supersedes previous memoranda outlining the requirements for DODMERB packet submission to ARNG Office of the Chief Surgeon-Clinical Branch (CSG-C).

1. Reference.

a. National Guard Regulation (NGR) 600-100, Commissioned Officers – Federal Recognition and Related Personnel Actions, 15 April 1994.

b. Army Regulation (AR) 40-501, Standards of Medical Fitness, 14 January 2008.

c. Memorandum, National Guard Bureau, Office of the Chief Surgeon, NGB-ARS, 04 April 2005, subject: Use of DODMERB physicals for appointment of Second Lieutenants (2LT) Commissioned through the Reserve Officer Training Corps (ROTC), Enlistment into the Simultaneous Membership Program (SMP) into the Army National Guard (ARNG), or enlistment into the ARNG. NGB-ARS Policy Memorandum 05-002.

2. The purpose of this memorandum is to provide administrative guidance for the States/Territories utilizing completed DODMERB physicals as Chapter 2 (AR 40-501) commissioning physicals for Special Branch and Reserve Officer Training Corp (ROTC) Officer Accessions (PULHES).

a. **ROTC Physical for purpose of commissioning:** submissions are to include; 1) the original, stamped DODMERB accession physical (DD Forms 2492 and 2351) and should not be more than five years old. 2) A copy of the physical completed at the Leadership Development Assessment Course (LDAC) must also be included. The LDAC physical MUST be on a DD Form 2807 (with Form 2808 included at the physician's discretion) and stamped. The "Physical Exemption Form" is acceptable with an LDAC stamp. (This does NOT pertain to those applying for SMP enlistment). 3) If the cadet was issued a waiver by Cadet Command upon original accession into the ROTC program, the waiver letter (sent by Cadet Command) should be included in the service member's packet.

b. **Direct Commission Physicals** for AMEDD, Chaplain and JAG Accessions: A Direct Commission DODMERB physical that is not stamped "qualified" will have to be evaluated for a waiver. Those physicals that require a specialist consult (as part of the

ARNG-CSG

SUBJECT: Procedural update for use of the Department of Defense Medical Examination Review Board (DODMERB) Physicals.

waiver determination process) will be coordinated through ARNG-GSS-O (Strength Maintenance Division), 1LT Christopher Hansen at: NGB.ASM-AC5@ng.army.mil.

c. **Simultaneous Membership Program (SMP):** Applicants who are already in the ARNG and have had a previous MEPS physical may have this physical "qualified" through the DODMERB process to avoid having to obtain a second Chapter 2 physical exam for the purpose of contracting with ROTC. The MEPS physical cannot be more than two years old and **MUST** have DODMERB qualify it by placing the DODMERB stamp on the form. Coordination for converting the MEPS physical to a DODMERB physical will take place through the applicant's university or college and is at the discretion of the participating university or college.

09R enlistments (including SMP) may utilize the DODMERB physical acquired from their ROTC program to enter the ARNG 09R/SMP Cadet program. The ROTC DODMERB physical must be processed through the State's NG-MATS POC to the Chief Surgeon's Office in order to gain a SF 507/PULHES documentation.

3. **OCS (09S) candidates** are NOT authorized to utilize the DODMERB Physical process.

4. Since the DODMERB physical (DD Forms 2492 and 2351) does not provide the annotation of PULHES, HIV, DNA, and DAT (drug and alcohol test) results the following requirements apply:

a. HIV, DAT, and over 40 physicals specific testing will be conducted within 30 days of accessing into the ARNG. Results will be annotated with the officer's MEDPROs.

b. National Guard Medical Action Tracking System (NG-MATS) personnel will scan the completed DODMERB Physical to NGB-ARS for the completion of a Standard Form 507

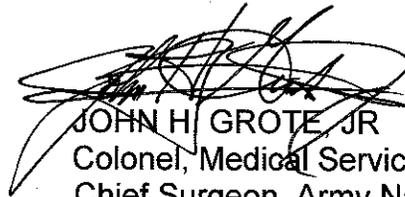
5. All DODMERB Physicals will be reviewed through the NG-MATS electronic system by the ARNG Office of the Chief Surgeon (CSG). For all qualified physicals, a signed SF 507 will be generated with the appropriate PULHES. **DIRECT COMMISSION** Physicals requiring a waiver after being reviewed will be forwarded back to the State representative that submitted the request with an appropriate disposition/PULHES.

6. The completed DODMERB physical along with the completed SF 507 will be utilized for the accessioning process of SMP enlistments, ROTC Officer Accessions and Special Branch Accessions of AMEDD, Chaplain and JAG.

ARNG-CSG

SUBJECT: Procedural update for use of the Department of Defense Medical Examination Review Board (DODMERB) Physicals.

7. POC for this memo is CPT Laurie Fontaine PA-C, ARNG-CSG Medical Standards Officer @ 703-607-9534 or laurie.fontaine@ng.army.mil.

A handwritten signature in black ink, appearing to read "John H. Grote, Jr.", is written over the typed name and title.

JOHN H. GROTE, JR
Colonel, Medical Service Corps
Chief Surgeon, Army National Guard